



5 Mile Beer Race & Fun Run

Frequently Asked Questions

I've entered but can't now run, can I get a refund?

Yes. Refunds are available until 15 May 2025. Refund requests should be made by email to beerrace@romseyroadrunners.co.uk. We usually have a waiting list of runners so can transfer your place to another person.

If I'm ill on the day, can I give my number to someone else?

We are sorry, your number must not be worn by anyone else as this is our only identification of you.

Can I run with my child in a buggy?

Unfortunately UKA rules for competition now state that the pushing of persons in any device is not permitted, so no buggies are allowed in the race.

Can I run with my dog?

We are sorry, no, dogs are not allowed to run in the race.

Can I wear headphones during the race?

For safety reasons, the use of in-ear headphones is not permitted. However, in accordance with England athletics guidelines, bone conducting headphones are allowed.

Can I run with my child in the fun run?

We encourage children to run on their own but understand some, particularly the very young, may want you to run with them and this is permitted.

Is there a cycle park?

You are welcome to leave your bike, at your own risk, outside the village hall.

Is the race run on closed roads?

There is a brief road closure for the start of the race but the rest of the course is on lanes open to traffic around Braishfield village.

I can't find the answer to my question, who can I contact?

Please email the beer race secretary at beerrace@romseyroadrunners.co.uk.